COMMUNITY LEARNING COURSES NEWSLETTER

14 OCTOBER 2024

Community Learning offer short courses for adults living in North Somerset (minimum age 19) to help build skills and confidence for work, volunteering and wellbeing. Priority places are given to those who are in receipt of certain benefits or with own annual income less than £20, 319. All of our courses are FREE for priority learners. Due to our funding each person can attend only one course at a time – and are welcomed and encouraged to join follow-on courses.

Follow us on Facebook: North Somerset Community Learning

Introduction to British Sign Language

Learn basic BSL to communicate better with those who are deaf or hard of hearing. Learn finger spelling alphabet, how to introduce yourself and have an initial conversation with someone who uses BSL. See our Intro to BSL course flyer

Fridays 10am -12.30pm from 18 October to 13 December 2024 for 8 sessions (excluding 1 November) at The Campus, Highlands Lane, Weston-super-Mare BS24 7DX

> For more info or to book a place contact: JP Evans julie.evans@n-somerset.gov.uk phone/text 07795 390 667

Introduction to Aromatherapy at Home

Use aromatherapy for health, wellbeing and stress relief. Learn about essential oils, their benefits, blending, recipes and basic massage techniques. <u>See our Intro to Aromatherapy at Home course flyer</u>

> Mondays 10am-12.30pm from 4 November for 7 sessions at The Campus, Weston-super-Mare BS24 7DX

For more info and to book a place contact JP Evans <u>Julie.evans@n-somerset.gov.uk</u> phone/text 07795 390 667

Goblin Combe Woodland Adventures

Get your mojo back at Goblin Combe Adventures. Join a small group to take part in lots of outdoor activities including campfires, woodland walks, archery and orienteering. Relax your mind, exercise your body, and allow yourself time to step back from the stresses of everyday life. <u>See our Goblin Combe Woodland Adventures course flyer</u>

> Tuesdays 10am -2pm from 5 November for 5 sessions At Goblin Combe Woodland, Cleeve BS49 4PQ

For more info or to book a place contact:

JP Evans julie.evans@n-somerset.gov.uk phone/text 07795 390 667

Creative Writing: Short Stories

On-line course

Suitable for beginners and more experienced writers. Explore techniques such as character creation, setting, descriptive writing and much more. Writing tasks are sent out on a Monday morning to be completed by Friday afternoon. Support is available during the week and detailed feedback is given.

Access to a laptop or computer is required.

See our Creative Writing Short Stories course flyer

Delivered over 6 weeks from 11 November

For more info and to book a place contact: Leanne Carter <u>Leanne.Carter@n-somerset.gov.uk</u> phone/text 07385 378495

Introduction to IT

A great course for anyone wanting to build up their confidence with computers! Learn new skills: from using the mouse/ touchpad and keyboard to how to create an email address; using the free Google document resources and keeping safe online. There is plenty of advice and support on offer from our knowledgeable staff. See our Intro to IT course flyer

Mondays and Wednesdays 9:30-11:30am from 11 November for 5 weeks

at North Somerset Community Hub, 31 Alexandra Parade, Weston-super-Mare BS23 1QZ

For more info and to book a place contact: Leanne Carter <u>Leanne.Carter@n-somerset.gov.uk</u> phone/text 07385 378495

Office Skills

This short course can give you the tools for a career in administration. Content includes Word, PowerPoint and Excel - to improve skills for work. Includes – how to insert tables and charts, create presentations, and add formulas and functions. Learn how to create 'signatures' and 'out of office' replies used in business emails. Tips for proof reading, avoiding scams, and staying safe online. <u>See our Office Skills course flyer</u>

Mondays and Wednesdays 12-2pm from 11 November for 5 weeks

at North Somerset Community Hub, 31 Alexandra Parade, Weston-super-Mare BS23 1QZ

For more info and to book a place contact:

Leanne Carter <a>Leanne.Carter@n-somerset.gov.uk phone/text 07385 378495

Free On-Line Maths and English Courses

Would you like an English and/or Maths qualification? If you don't already have a level 2 or Grade C in English or maths you can take part in this free online course and gain a nationally recognised Functional Skills qualification that is tailored to your level.

12 week course. One video call per week. All resources provided and a tutor who will help you learn.

For more info contact: Sarah on <u>saztraining@outlook.com</u> or phone/text 07517 471 821

ESOL – English for Speakers of Other Languages

Learning English as a Second Language for Pre-Entry (no English) to Entry 1 (some conversational English) in Weston-super-Mare and Clevedon. The courses are designed for those with no confidence and those taking their first steps into classroom learning. Participants will learn about other existing provision and have help to progress to higher levels with Weston College.

See our ESOL courses flyer

For enquiries for current and future courses contact:

2

Iona Gibbons iona.gibbons@n-somerset.gov.uk phone/text 07767 671633

From January 2025

NEW course Caring for Children

A great course for parenting tips or for preparing to move onto further courses or work in childcare. Learn to help children develop their communication and language skills. How children learn by playing and through senses and experiences. Diet, exercise and social play. Understanding and respecting the rights of children. How to progress onto further qualifications and work in childcare. Gain Level 1 CACHE Award in Caring for Children.

See our Caring for Children course flyer

Thursdays 9.30am-2.30pm from 30 January 2025 for 7 sessions at The Campus, Weston-super-Mare BS24 7DX

For more info and to book a place contact JP Evans <u>Julie.evans@n-somerset.gov.uk</u> phone/text 07795 390 667

Prepare to Pass the Driving Theory Test

Improve your understanding of the rules of driving based on the Highway Code. Gain confidence answering multiple choice questions and learn how to approach the Theory and Hazard Perception Tests.

Tuesday **mornings** 10am -12.30 pm from 4 February – 18 March for 6 sessions (excluding 18 February) or

Tuesday **evenings** 6-8.30pm from 4 February – 18 March for 6 sessions (excluding 18 February)

at North Somerset Training Hub, 31 Alexandra Parade, Weston-super-Mare BS23 1QZ

For more info or to book a place contact:

JP Evans julie.evans@n-somerset.gov.uk phone/text 07795 390 667

Woodwork for Women

An introduction to woodwork for complete beginners in a relaxed non-competitive environment. Learn hands-on skills and carpentry techniques. Build confidence to safely use hand tools. Information about options for gaining more skills and/or experience.

Fridays 9.30am -2.30pm from 28 February for 5 weeks

at The South West Skills Campus, Locking Rd, Weston-super-Mare BS22 8NL

For more info and to book a place contact JP Evans <u>Julie.evans@n-somerset.gov.uk</u> phone/text 07795 390 667

Follow us on Facebook: North Somerset Community Learning